41st Annual Advances in Primary Care Conference

NAVIGATING the Euture of **SUCCESS!**

PRESENTED BY



UNM School of Medicine Department of Internal Medicine Department of Family & Community Medicine

UNM College of Nursing

April 23, 2022

DOMENICI CENTER FOR HEALTH SCIENCES EDUCATION

41st Annual Advances in Primary Care Conference

TARGET AUDIENCE

Physicians, nurse practitioners, physician assistants, nurses and other health care professionals who want to enhance or develop their knowledge of current trends in primary care.

LEARNING OBJECTIVES

- Apply updated information on COVID-19 and how to treat patients who have been affected by the disease; including the "long haul syndrome".
- Implement updated treatment guidelines for immunizations, tobacco cessation, diabetes management, osteoporosis and heart failure management to apply to practice and maintain high standards of care.
- Provide post-operative and ongoing care for patients who have received bariatric surgery and follow their ongoing care.

| 7-7:45 am | Registration/Breakfast/Networking | | | | |
|-------------------|--|---|--|--|--|
| 7:45-8 am | Welcome and Introductions | | | | |
| 8-9 am | Caring for Patients After Bariatric Surgery | Steven Bock, MD | | | |
| 9-10 am | Address E-Cig and Tobacco Cessation | Maya Armstrong, MD and Nasrin Fatemi, MD | | | |
| 10-10:15 am | BREAK | | | | |
| 10:15-11:15 am | Diabetes Management Updates | John Togami, PhC | | | |
| 11:15 am-12:15 pm | Approach to Heart Failure Management | Paul Andre, MD | | | |
| 12:15-1 pm | LUNCH | | | | |
| 1-2 pm | Osteoporosis Updates and Treatment Options | Mike Lewiecki, MD | | | |
| 2-3 pm | Immunizations: Always Changing | Melissa Martinez, MD | | | |
| 3-3:15 pm | BREAK | | | | |
| 3:15-4:15 pm | Updates on COVID-19 and Long-Haul Syndrome Alisha Parada, MD | | | | |

Navigating the Future for Success!

ACCREDITATION

Physicians

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians

The University of New Mexico School of Medicine designates this live activity for a maximum of **7.00 ACCME** *AMA PRA Category 1 Credits*^{*m*}. Physicians should claim only the credit commensurate with the extent **ACCREDITED** of their participation in the activity.

An application for CME credit has been filed with the American Academy for Family Physicians. *Determination of credit is pending.*

Nurses

This nursing continuing professional development activity has been submitted to the New Mexico Nurses Association for approval to award contact hours. The New Mexico Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER FACULTY

Paul Andre, MD Assistant Professor Department of Internal Medicine

Maya Armstrong, MD Addiction Medicine Fellow Department of Family & Community Medicine

Steven Bock, MD Assistant Professor Department of Surgery

Nasrin Fatemi, MD Addiction Medicine Fellow Department of Family & Community Medicine

E. Michael Lewiecki, MD Assistant Professor Department of Internal Medicine

Melissa Martinez, MD Professor Department of Internal Medicine

John Togami, PhC Pharmacy Supervisor - Antithrombosis Clinic/ Pharmacist Clinician Department of Pharmacy and Department of Internal Medicine

Co-Course Directors

Valerie Carrejo, MD, FAAFP, FASAM Associate Professor Program Director, Addiction Medicine Fellowship Clinical Vice Chair Department of Family & Community Medicine

Alisha Parada, MD, FACP

Associate Professor Division Chief of General Internal Medicine and Geriatrics Department of Internal Medicine

Nat Prapasiri, MD

Assistant Professor Department of Internal Medicine

Planning Committee

Carolyn Jaramillo Montoya, PhD, RN, CPNP, FAAN, FAANP Professor Interim Executive Vice Dean College of Nursing

CME Reviewers

From the Office for Continuous Professional Learning Robert P. Giebitz, PhD Jennifer Harbaugh Gary A. Smith, PhD



| EARLY BIRD: Now through 3/31/2022 | | REGULAR: 4/1/2022-4/17/2022 | | ONSITE: 4/18/2022-4/23/2022 | |
|--|-----------------------------|--|-----------------------------|--|-----------------------------|
| MD, DO, PharmD, PhD, PhC Paying with UNM Tuition Remission | \$200.00 \$190.00 | MD, DO, PharmD, PhD, PhC Paying with UNM Tuition Remission | \$240.00 \$230.00 | MD, DO, PharmD, PhD, PhC Paying with UNM Tuition Remission | \$265.00 \$255.00 |
| RN, LPN, NP, PA, Other Paying with UNM Tuition Remission | \$180.00 \$170.00 | RN, LPN, NP, PA, Other Paying with UNM Tuition Remission | \$220.00 \$210.00 | RN, LPN, NP, PA, Other Paying with UNM Tuition Remission | \$245.00 \$235.00 |
| Non-UNM Current Preceptor* | \$150.00 | Non-UNM Current Preceptor* | \$190.00 | Non-UNM Current Preceptor* | \$215.00 |
| UNM Residents/Fellows/Students* | \$35.00 | UNM Residents/Fellows/Students* | \$75.00 | UNM Residents/Fellows/Students* | \$100.00 |

*A copy of the letter from the UNM Preceptorship Program will be required at conference check-in. Failure to provide could result in non-admittance to the conference. **A copy of Resident/Student ID will be required at conference check-in. Students will not receive professional credit.

REGISTRATION

Advance registration is encouraged. Register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact UNM CPL at **HSC-CPL@salud.unm.edu** to verify your attendance. Registration includes conference materials, breakfast, lunch and refreshment breaks. Please confirm your registration before making travel arrangements. Minimum and maximum registration numbers have been established for this activity. Registrations paid in cash must be in the exact amount of tuition. UNM CPL does not maintain a petty cash fund. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **UNM CPL does not accept POs or paper registrations with credit card information.**

HOW TO REGISTER

Credit cards, checks, cash or UNM PR: bit.ly/AdvancesPC2022

UNM CPL does not maintain a petty cash fund. Cash payments must be made in the exact amount. Checks should be made payable to the UNM CPL and mail it along with this form to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. UNM CPL does not accept POs or paper registrations with credit card information. **UNM Tuition Remission:**

- 1. Complete **UNM Tuition Remission** form with proper signatures.
- 2. Save your completed UNM Tuition Remission form as a PDF.
- 3. Complete the **conference registration form** and upload the completed UNM Tuition Remission form to the online registration form.
- 4. Click PAY WITH UNM TUITION REMISSION and click SUBMIT.
- 5. If you click the box, you will receive an email copy of the information you provide. THIS IS NOT YOUR CONFERENCE CONFIRMATION. Your conference confirmation will come later from the email address HSC-CPL@salud.unm.edu.

UNM TUITION REMISSION

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. A copy of the UNM Tuition Remission Form can be found here: https://hr.unm.edu/benefits/tuition-remission. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

CANCELLATION

If you preregister and cannot attend, UNM CPL will refund tuition, less a \$40.00 administrative fee, provided it is in writing **via email on or before April 8, 2022**. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is canceled, registrants will be notified via email. UNM CPL is not responsible for any airfare, hotel, car rental or other costs incurred by participants.

SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact UNM CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

QUESTIONS?

UNM School of Medicine Office for Continuous Professional Learning MSC09 5370 1 University of New Mexico Albuquerque, NM 87131-0001 **Phone:** (505) 272-3942 **Email: HSC-CPL@salud.unm.edu Website: hsc.unm.edu/medicine/education/cpl/**

