

**PRESENTED BY** 



UNM School of Medicine
Depts. of Internal Medicine and
Family & Community Medicine

**UNM College of Nursing** 

# April 15, 2023

Domenici Center for Health Sciences Education

# **UNM CLINICAL OUTCOMES CONFERENCE**

# Cardiology Primer for Primary Care Providers

## **CONFERENCE TOPICS**

- 2022 AHA/ACC/HFSA Guidelines for the Management of Heart Failure
- Communication and Coordination of Cardiac Care Between Specialists and Primary Care Clinicians
- Evaluation of Chest Pain
- Hyperlipidemia and Utilizing Non Statin
   Therapy
- Outpatient Management of Arrhythmias
- Pulmonary Hypertension

# **CONFERENCE TIMES & LOCATION**

April 15, 2023 7AM-5PM

Mountain Daylight Time

Domenici Center for Health Sciences Education 1001 Stanford Dr. NE Albuquerque, NM 87106

# **LEARNING OUTCOME**

By the end of the conference, providers will be able to:

- Communicate and coordinate the cardiac care of their patients with the cardiologist to improve outcomes and patient care.
- ► Summarize the level of evidence and language used in the American College of Cardiology Guidelines to appropriately navigate the evaluation of cardiac diagnoses and communicate those findings to the cardiologist during the referral process.
- Integrate the management of heart failure outlined in the current ACC Heart Failure guidelines into the primary care of their patients.
- Improve documentation and communication in the transitions of care related to cardiac care between primary care, cardiology, and care transitions.
- Summarize the management of hyperlipidemia and utilization of novel cholesterol lowering drugs that are not statins.
- Implement the current ESC Pulmonary Hypertension guidelines into the primary care of their patients.
- Integrate the management of the SVT, atrial flutter and atrial fibrillation outlined in the current guidelines into the primary care of their patients.
- ► Identify indications for device implantation, ablation or Watchman placement.
- Compare the types of stress testing for cardiac risk stratification in the evaluation and treatment of primary care patients with chest pain.
- Employ the methods of communication and collaboration between the care team to ensure appropriate evaluation and treatment of primary care patients with chest pain.

This conference is for physicians, nurse practitioners, physician assistants, nurses and other health care professionals who want to enhance or develop their knowledge of novel therapeutics in the field of cardiology.

#### **ACCREDITATION**

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



The University of New Mexico School of Medicine designates this live activity for a maximum of **7.5** AMA PRA Category 1 Credits $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **CME Reviewers**

#### from the Office for Continuous Professional Learning

Robert P. Giebitz, PhD | Jennifer Harbaugh | Gary A. Smith, PhD

#### **SPEAKERS**

#### Yaw Adjei-Poku, MD

Cardiac Electrophysiologist Lovelace Medical Group

#### Michael Hoskins, MD

Cardiac Electrophysiology Specialist Lovelace Medical Group

#### **Carolina Ponce, MD**

Interventional Cardiologist, Assistant Professor Department of Internal Medicine Division of Cardiology The University of New Mexico School of Medicine

## **COURSE DIRECTORS**

The University of New Mexico School of Medicine

#### Abinash P. Achrekar, MD

Professor Department of Internal Medicine Division of Cardiology

#### **Erin Bouquin, MD**

Associate Professor Department of Family & Community Medicine

#### Pamela Hsu, MD

Assistant Professor
Department of Internal Medicine
Division of Cardiology

#### Sheila Hundley, DNP, AGNP-C

Lecturer III
UNM College of Nursing

#### **Bharath Yarlagadda, MD**

Assistant Professor Department of Internal Medicine Division of Cardiology

## REGISTRATION FEES

This is a no cost conference. Advance registration is encouraged and required to participate in the luncheon. Register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact the Office for Continuous Professional Learning (CPL) at HSC-CPL@salud.unm.edu to verify your attendance. Registration includes conference materials, breakfast, lunch and refreshment breaks. Please confirm your registration before making travel arrangements. Minimum and maximum registration numbers have been established for this activity. CPL does not accept paper registrations.

## CANCELLATION

If you preregister and cannot attend, please notify CPL in writing **via email on or before March 31, 2023**. Conferences are subject to cancellation. In the event this conference is canceled, registrants will be notified via email. CPL is not responsible for any airfare, hotel, car rental or other costs incurred by participants.

## **HOW TO REGISTER**

Register online: https://bit.ly/CP23Reg

Things to remember:

- 1. Preregistration required to participate in the luncheon.
- 2. Your preregistration will be confirmed by email. If you don't receive an email within 72 business hours, contact **HSC-CPL@salud.unm.edu**.
- 3. If you preregister and need to cancel, please notify CPL in writing **via email on or before**March 31, 2023.

## **MEALS**

All meals will be grab and go. You can eat inside or outside of Domenici Center. If you eat inside, please follow the current health order guidelines and HSC recommendations. Dietary restrictions that are provided in advance will be considered when planning menus. If you select that you will NOT join us for any of the meals, it will be noted on your badge and will be considered when planning menus.

# SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

# **COVID PRECAUTIONS**

The UNM Health & Health Sciences encourages activity participants to mask indoors. Continuous Professional Learning (CPL), the activity organizers do not conduct contact tracing and advise participants to follow the CDC guidelines for social interaction.

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

# QUESTIONS?

**UNM School of Medicine Office for Continuous Professional Learning** 

MSC09 5370 1 University of New Mexico

Albuquerque, NM 87131-0001

**Phone:** (505) 272-3942

Email: HSC-CPL@salud.unm.edu

Website: hsc.unm.edu/medicine/education/cpl/



# **2023 UNM Clinical Outcomes Conference:** Cardiology Primer for Primary Care Providers

# Saturday, April 15, 2023

# Domenici Center for Health Sciences Education

# Mountain Daylight Time

Mountain Daylight Time	
7-7:55 am	Registration/Exhibits/Continental Breakfast
7:55-8 am	<b>Welcome and Announcements -</b> Abinash Achrekar, MD, Erin Bouquin, MD, and Pamela Hsu, MD
8-8:55 am	Improved Communication and Coordination of Cardiac Care Between Specialists and Primary Care Clinicians Improve Health Outcomes - Erin Bouquin, MD
8:55-9:50 am	Understanding the Management of Hyperlipidemia and Utilizing Non Statin Therapy (PCSK9i, Ezetimibe) for LDL Treatment in Managing Coronary Artery Disease - Abinash Achrekar, MD
9:50-10:05 am	BREAK
10:05-11 am	Introduction to Pulmonary Hypertension - Pamela Hsu, MD
11-11:55 am	Outpatient Management of Arrhythmias - Yaw Adjei-Poku, MD and Michael Hoskins, MD
12-1 pm	LUNCH with EXHIBITS
1-1:55 pm	Knowledge and Understanding of 2022 AHA/ACC/HFSA Guidelines for the Management of Heart Failure - Bharath Yarlagadda, MD
1:55-2:50 pm	Evaluation of Chest Pain - Carolina Ponce, MD
2:50-3:50 pm	Panel Discussion
3:50-4 pm	BREAK with EXHIBITS
4-5 pm	Jeopardy