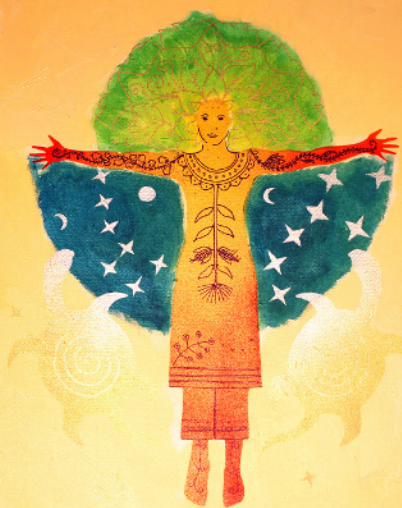


Eighth International Meeting on **Indigenous Women's Health**

Stronger Together: Resilience and Healing

March 13–15, 2024

Sheraton Uptown | Albuquerque, NM



Artwork by Simon Brascoupe

Co-presented
by



ACOG
The American College of
Obstetricians and Gynecologists



**SCHOOL OF
MEDICINE**
OBSTETRICS & GYNECOLOGY

CONFERENCE DESCRIPTION

The International Meeting on Indigenous Women's Health, held every two years, focuses on innovative clinical care models and community-based public health approaches for Indigenous women and their families and communities. During the conference participants will further strengthen their knowledge about prevalent health problems facing Indigenous communities and promising strategies to improve wellness, and acquire practical skills. Opportunities to share knowledge, to network and to develop partnerships will be built into the program. Topics will include rural maternity safety, trauma-informed care, maternal substance use, cultural safety and much more. The meeting provides an opportunity for community members, healers, Elders, Knowledge Holders, clinicians, students, and others who work with Indigenous women and communities to come together to learn, share, support, and build partnerships to improve Indigenous Women's Health. Women's health pertains to all people seeking women's healthcare including trans and nonbinary people.

CONFERENCE OBJECTIVES

At the conclusion of this conference, the participant should be able to:

- Employ enhanced systems of culturally informed care to advance the health status of Indigenous people seeking obstetric and gynecologic care.
- Select strategies and unique solutions to meet the emerging health needs of Indigenous people seeking obstetric and gynecologic care, their families, and communities.
- Implement evidence-informed practices that enhance the health care team's clinical skills in providing quality care to Indigenous people seeking obstetric and gynecologic care.

ACCREDITATION

PHYSICIANS

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of **21.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

This activity's accreditation for continuing education units is pending.

OTHER HEALTHCARE PROVIDERS CE CREDITS

This program has been approved for *AMA PRA Category 1 Credits™* for physicians. Many societies and credentialing bodies accept the *AMA PRA Category 1 Credits™* as an equivalent as long as the topic is relevant to applicant's field or discipline. To obtain other healthcare provider credit, refer to the guidelines provided by your board to understand specific requirements. Visit [HERE](#) for supporting documentation you can use to apply for CE relevant to this activity. A certificate with a statement of attendance will be provided after the activity.

LODGING

A block of rooms has been reserved for participants of the conference for the nights of March 11, 12, 13, 14, & 15, 2024. Please identify yourself as a participant of the Indigenous Women's Health Conference, and you will receive the group rate which is \$154.00 (plus tax). Hotel reservations must be received by the hotel on or before February 11, 2024. Please confirm your conference registration before making travel arrangements. To make a hotel reservation please contact the hotel directly at **1-800-252-7772** or book online at bit.ly/IWHM24Lodging.

SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

PLANNING COMMITTEE

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From the UNM School of Medicine, Office for Continuous Professional Learning

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Jennifer Harbaugh
Gary A Smith, PhD

*=Speaker

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Albuquerque, NM

Eighth International Meeting on

Wednesday, March 13, 2024

7:30-8 am	Registration, Networking and Continental Breakfast with Exhibits
8-8:15 am	Traditional Blessing and Welcome
8:15-8:45 am	Opening Remarks <i>Patricia Capo, MD, FACOG and Richard Oster, PhD</i>
8:45-9:45 am	The Status of Indigenous Women's Health in Canada <i>Jennifer Leason, PhD</i>
9:45-10 am	BREAK with Exhibits
10-11 am	The Status of Indigenous Women's Health in the United States <i>Ann Bullock, MD (retired)</i>
11 am-12 pm	Panel: Cultural Safety - Implications for Addressing Maternal Mortality and Morbidity among Indigenous Women <i>Jennifer Crawford, PhD, Teresa Gomez, MA, Jennifer S. Nanez, MSW, LMSW, and Deidre Yellowhair, PhD</i>
12-1:30 pm	LUNCH Presentation: CDC's Hear Her Campaign <i>Julianna Reece, MD, MPH, MBA</i>
1:30-2:30 pm	Breakout Sessions I A. Substance Use Disorder <i>Erin Lorencz, MD and Miguel Gonzales, MD</i> B. Miscarriage Management <i>Jamie Krashin, MD</i> C. Stress & Trauma <i>Ann Bullock, MD (retired)</i> D. Indigenous Mothers' Experiences and Outcomes of Midwifery Care: A Mixed Studies Systematic Review <i>Deborah McNeil, PhD, Maddie Amyotte, CNM, RN, IBCLC, Sarah Elliot, PhD, Seija Kromm, PhD, Stephanie Montesanti, PhD, MA, BA (honours), Richard Oster, PhD, and Angie Wong</i>

E. Balancing Act: Challenges and Best Practices with LARC
Eve Espey, MD, MPH, FACOG, Lisa Hofler, MD, MPH, MBA, and Melissa Schechter, MD

2:30-3 pm **BREAK with Exhibits**

3-4 pm

Breakout Sessions II
E. LARC 101 – Simulation Session with IUDs and Implants (Cont'd from 1:30-2:30 session)
Eve Espey, MD, MPH, FACOG, Lisa Hofler, MD, MPH, MBA, and Melissa Schechter, MD

F. Pelvic Pain
Nick Andrews, MD, PhD

G. Pregnancy-Related Deaths Among American Indian or Alaska Native Persons: Data from Maternal Mortality Review Committees in 36 US States, 2017-2019
Ashley Busacker, PhD and Danielle Arellano, MPH

H. Updates in Medications for Postpartum Depression
David Gish, MD

I. Holistic Mental Health and Ceremony
Muriel Lee, BS, MPS

Contraceptive Access: We Still Have Work to Do!
Eve Espey, MD, MPH, FACOG

Poster Presentation Reception

Thursday, March 14, 2024

7:30-8 am	Registration, Networking and Continental Breakfast with Exhibits
8-8:15 am	Traditional Blessing and Welcome
8:15-9:15 am	Strengths-Based Solutions in the United States <i>Shaquita Bell, MD</i>
9:15-10:15 am	Panel: Strengths-Based Solutions in Canada <i>Patrick Lightning, ACSW, Marisa Smallboy, RN; Richard Oster, PhD, moderator</i>

Indigenous Women's Health

10:15-10:30 am	BREAK with Exhibits		R. Understanding Cultural Safety, Humility and [Two-Eyed Seeing] <i>Simon Brascoupé, MA, CFNHM, CAPA</i>
10:30-11:15 am	Recruiting the Next Generation of Healers <i>Judith Kaur, MD</i>		
11:15 am-12:15 pm	Panel: Finding and Engaging Medical Students <i>Ariel Allee-Jumbo, BSN, RN, IBCLC, Jessica Benally, MD and Michelle Pino, CNM; Judith Kaur, MD, moderator</i>	4-5 pm	Roundtable Sessions <i>Topics coming soon</i>
		5:30-7 pm	Haffner Award Ceremony & Entertainment
12:15-1:30 pm	Lunch Presentation: Sovereignty from First Breath <i>Helena Jacobs, MPP, and Abra Patkotak, BSW</i>	Friday, March 15, 2024	
1:30-2:30 pm	Breakout Sessions III J. Addressing the Syphilis Epidemic in Indian Country <i>Meghan O'Connell, MD, MPH</i>	7:30-8 am	Registration, Networking and Continental Breakfast with Exhibits
	K. Transgender Adolescent Care <i>Shaquita Bell, MD</i>	8-8:15 am	Traditional Blessing and Welcome
	L. Call to Action: Working Towards Elimination of Cervical Cancer in Indigenous Communities <i>Bethany Berry, CNM, MSN and Alan Waxman, MD, MPH</i>	8:15-9:30 am	Panel: Reclaiming Cultural Practices in Any Birth Setting <i>Camie Jae Goldhammer, MSW, LICSW, IBCLC, Helena Jacobs, MPP, and Abra Patkotak, BSW; Ursula Knoki-Wilson, CNM, MSN, moderator</i>
	M. Lactation Support <i>Ariel Allee-Jumbo, BSN, RN, IBCLC and Kayla Shondee, CNA, CLC</i>	9:30-10:30 am	Breakout Sessions V S. Preeclampsia <i>Christina Yarrington, MD</i>
	N. Simulation (Postpartum Hemmorage) <i>Trevor Quiner, MD and Reinou Groen, MD, MIH, PhD</i>		T. Substance Use Disorder <i>Bethany Berry, CNM, MSN</i>
2:30-3 pm	BREAK with Exhibits		U. Updated Guidelines on Hormone and Non-Hormone Therapy for Symptoms of Menopause <i>Cheryl Kinney, MD, FACOG, MSCP</i>
3-4 pm	Breakout Sessions IV N. Simulation (Cont'd) (Trauma in Pregnancy) <i>Trevor Quiner, MD and Reinou Groen, MD, MIH, PhD</i>	10:30-10:45 am	V. HPV Toolkit <i>Jessica Buck DiSilvestro, MD</i>
	O. Pelvic Floor Physical Therapy <i>Melinda Montoya, PT, DPT, PRPC</i>	10:45-11:45 am	BREAK with Exhibits
	P. Gestational Diabetes Mellitus <i>Nichele Salazar, CNM and Brittany Simplicio, CNM, MSN</i>		Words of Wisdom and Encouragement from our Elders <i>Ursula Knoki-Wilson, CNM, MSN, MPH and Muriel Lee, BA, MPS</i>
	Q. Amá Bidziil (Strong Mothers): Developing a Full Circle Doula Program to Promote Perinatal Mental Health Among American Indian Women <i>Jennifer Richards, PhD, MPH</i>	11:45 am-12 pm	Closing Remarks

CONFERENCE REGISTRATION RATES

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this activity, register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact CPL at HSC-CPL@salud.unm.edu to verify your attendance. Please confirm your registration before making travel arrangements. Registration includes conference materials, breakfasts, lunches and breaks on the day(s) you attend.

	Early Bird Now until 2/20/2024	Regular 2/21/2024 to 3/6/2024	Onsite 3/7/2024 to 3/15/2024
Full Conference - Physicians (MD, DO, PharmD, DMD, PhD, PhC) Paying with UNM Tuition Remission	\$500.00 \$490.00	\$540.00 \$530.00	\$565.00 \$555.00
One Day - Physicians Paying with UNM Tuition Remission	\$350.00 \$340.00	\$390.00 \$380.00	\$415.00 \$405.00
Full Conference - Advanced Practice Providers (DNP, PA, CNM, APRN) Paying with UNM Tuition Remission	\$400.00 \$390.00	\$440.00 \$430.00	\$465.00 \$455.00
One Day - Advanced Practice Providers Paying with UNM Tuition Remission	\$250.00 \$240.00	\$290.00 \$280.00	\$315.00 \$305.00
Full Conference - Nurses (RN, MSN, BSN) Paying with UNM Tuition Remission	\$325.00 \$315.00	\$365.00 \$355.00	\$390.00 \$380.00
One Day - Nurses Paying with UNM Tuition Remission	\$225.00 \$215.00	\$265.00 \$255.00	\$290.00 \$280.00
Full Conference - Other Healthcare Workers Paying with UNM Tuition Remission	\$275.00 \$265.00	\$315.00 \$305.00	\$340.00 \$330.00
One Day - Other Healthcare Workers Paying with UNM Tuition Remission	\$175.00 \$165.00	\$215.00 \$205.00	\$240.00 \$230.00
Full Conference - Community Members Paying with UNM Tuition Remission	\$200.00 \$190.00	\$240.00 \$230.00	\$265.00 \$255.00
One Day - Community Members Paying with UNM Tuition Remission	\$125.00 \$115.00	\$165.00 \$155.00	\$190.00 \$180.00
Full Conference* - Student/Resident/Fellow	\$150	\$150	\$150
One Day* - Student/Resident/Fellow	\$100	\$100	\$100

*Must provide proof of status

CANCELLATION

If you pre-register and cannot attend, CPL will refund tuition, less a \$40.00 administrative fee, provided the cancellation notice is received in writing **via email on or before February 28, 2024**. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this activity is canceled, registrants will be notified via email and will receive a full refund. CPL is not responsible for any computer/device equipment rental, airfare, hotel, car rental or other costs incurred by participants.

HOW TO REGISTER

CREDIT CARDS, CHECK, OR UNM PR: bit.ly/IWHM24

Checks should be made payable to UNM CPL, include the attendees name and mailed to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **CPL does not accept POs or paper registrations. All registrations need to be completed online with the link above.**

UNM TUITION REMISSION

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the [conference registration form](#) and select that you will be paying with UNM Tuition Remission.
2. If you need your supervisor's approval to use your tuition remission you will need to upload a completed [UNM Tuition Remission](#) form with proper signatures to the online registration form.



WANT TO LEARN MORE ABOUT INDIGENOUS WOMEN'S HEALTH?

Be on the lookout for details on the **Colposcopy & HPV Refresher & Update Course IHS/Tribal/Urban**, a pre-conference session, scheduled for March 12, 2024, at the Sheraton Uptown Hotel in Albuquerque, NM. <https://hsc.unm.edu/medicine/education/cpl/learn/cme-conferences/colpo2024.html>

Questions?

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